

Role: Captain of the Carroll Shooting Team

We will have one head captain, and a captain for each discipline.

General Role Description: Be a strong leader by example (one of the hardest workers on the team, displaying a high level of commitment, focus, intensity, passion, and effort) and strong vocal leader with good communication skills (one who will encourage, support, and positively hold all teammates accountable).

The primary purpose of the TEAM CAPTAIN will be to positively influence teammates on-and-off the field, at all extracurricular school and non-school activities, and in the local community.

Duties and Responsibilities:

- Be on time to all team practices and team functions (at least 10 minutes early),
- Promote a positive attitude and positive team interactions - every day,
- Provide a positive role model concerning commitment, intensity, confidence, response to mistakes, composure, hustle, and a “team first” focus,
- Help settle team conflicts and be willing to confront and hold teammates accountable for their on-and-off court behaviors,
- Work closely with and be the “point-person” for the head coach,
- Encourage and support all teammates to improve and build their skills,
- Lead the team throughout the season (in good and bad times),
- Perform other related team duties (as needed or requested by the coaching staff).
- Communicate with coaches and board members to grow the team talent

Expertise and Skills Required:

- Required to attend 2 team practices per week
- Must hold A and B's in all school courses
- Knowledge of the Rules and techniques of Captain's discipline (Skeet, Trap, Sporting Clays)
- Passion and enthusiasm,
- Energy and hard work,

- Good verbal and nonverbal communication skills,
- Strong character (good decision-making),
- Confidence and mental toughness,
- Assertiveness (to do what is needed),
- Composure (to remain cool and calm under pressure).